

Outline Itinerary - Cruising Instructor Training *(final programme will be emailed to you)*

Evening before course starts - 1800 hrs

Arrive at Training Centre (directions to be emailed separately). Sleep aboard school yacht.

Day 1 - 0900 hrs

Briefing by Cruising Instructor Trainer (CIT)

Safety Briefing by CIT

Example of breaking a task into EDICTS sections by CIT

Practice Session 1 (*During practice sessions Candidates will be expected to take the roles of students and Instructors*)

1300 hrs - Lunch (aboard school yacht)

Practice Session 2

1700 hrs - Early Evening Session

Candidates to prepare and present short lectures on theoretical subjects from the syllabus (e.g. Col. Regs., buoyage, course to steer)

Individual Candidate de-briefs

Day 2 - 0900 hrs

Practice Session 3

1300 hrs - Lunch (aboard school yacht)

Practice Session 4

1700 hrs - Early Evening Session

Course planning exercise. Candidates will plan a five day course to a brief provided by the CIT

Individual Candidate de-briefs

Day 3 - 0900 hrs

Practice Session 5

1300 hrs - Lunch (aboard school yacht)

Practice Session 6

1700 hrs - Early Evening Session

Group discussion, led by your CIT regarding who passes and fails, how to deal with passing this information on to clients and dealing with difficult clients

Individual Candidate de-briefs

Day 4 - 0900 hrs

Practice Session 7

1300 hrs - Lunch (aboard school yacht)

Practice Session 8

1700 hrs - Early Evening Session

Discussion, led by your CIT, regarding how to find work as a Cruising Instructor and what schools look for.

Individual Candidate de-briefs

Day 5 - 0900 hrs

Moderation Day

Another Cruising Instructor Trainer (Moderator) will come aboard your school yacht to evaluate you. This will take the form of observing you teach a number of short sessions and questioning you on various aspects of the syllabus. The Moderator will, in conjunction with your CIT, make the final assessment as to whether you should be awarded the Cruising Instructor qualification. If, between them, they feel that you are not yet of the standard to perform the role, they will inform you during the final de-brief and may offer an action plan as to how you can best progress.

1500hrs Lunch (aboard school yacht)

1600 hrs - Final Individual de-briefs

1800 hrs - Course ends